

Jesus is Lord!



FROM THE HEART CHURCH MINISTRIES of DALLAS

COVID-19 Benefits Resources Document for From the Heart Church Ministries of Dallas

1. **City of Dallas Coronavirus Resource Website:** <https://dallascityhall.com/Pages/Coronavirus-Resources.aspx>
2. **United Way of Metropolitan Dallas Coronavirus Financial, Utility, Housing, and Income Assistance Resources:** <https://unitedwaydallas.org/updates/coronavirus-income-resources/>
3. **City of Grand Prairie and Tarrant County COVID19 Resident Resources:** <https://www.gptx.org/city-government/city-departments/environmental-services/coronavirus-covid-19/resources>
4. **211 Texas** - Individuals can call 211 or go online (<https://www.211texas.org/>) to find local resources with whatever hardship they may be experiencing during this time
5. **City of Plano and Collin County COVID 19 Resources:** <https://www.plano.gov/3556/COVID-19-Resources-and-Info>
6. **YMCAs food and diaper resources:** Dispersements at Park South YMCA between the hours of 12 and 2 pm every Saturday in April.
7. Everything you want to know about Coronavirus (COVID-19) <https://www.cdc.gov/>
8. **Ready.gov** National public service campaign designed to educate the American people to prepare for emergencies <https://www.ready.gov>
9. **Benefits.gov** resources for COVID-19 to increase citizen's awareness of benefit <https://www.benefits.gov/help/faq/Coronavirus-resources>
10. **Coronavirus.gov** resources for households, people who are sick, small business owners, schools, and more <https://www.coronavirus.gov/>
11. **Coronavirus Disease 2019 in Texas** <https://www.dshs.texas.gov/coronavirus/> (information you need to know)
12. **DOL.gov** Temporary Rule: Paid Leave under the Families First Coronavirus Response Act
 - Emergency Paid Sick Leave Act and Emergency Family and Medical Leave Expansion Act <https://www.dol.gov/agencies/whd/ffcra>
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 - Family and Medical Leave Act (job protected, unpaid leave if caring for those with COVID-19) <https://www.dol.gov/agencies/whd/fmla/pandemic>
13. **Mortgage Relief:** no late fees, no delinquencies reported to credit bureaus, foreclosures and legal proceedings suspended
 - **FHFA.gov** Federal Housing Finance Agency <https://www.fhfa.gov/Homeownersbuyer/MortgageAssistance>

14. **HUD.gov** Mortgage Payment Relief <https://www.hud.gov/>
 - <https://www.thedailybeast.com/during-coronavirus-do-i-have-to-pay-my-rent-or-mortgage>
 - <https://www.cnbc.com/2020/03/18/what-to-do-if-you-cant-make-your-rent-or-mortgagepayments.html>
 - What to do if you are having problems paying rent or mortgage
 - <https://www.forbes.com/sites/advisor/2020/03/20/mortgage-relief-tracker-covid-19-relieffor-homeowners-and-renters/#3013e67a2f19>

15. **Student Loans Relief:** forbearance information for students, borrowers, and parents
 - StudentAid.gov Federal Student Aid <https://studentaid.gov/announcements-events/coronavirus>

 - Ed.gov Suspend Federal Student Loan Payments, Waives Interest during national emergency <https://www.ed.gov/news/press-releases/delivering-president-trumps-promises-secretary-devos-suspends-federal-student-loan-payments-waives-interest-during-national-emergency>

16. **USA.gov** Financial Assistance After a Disaster <https://www.usa.gov/disaster-financial-help>

17. **SBA.gov** Small Business Guidance, Loan and Debt Relief Options
<https://www.sba.gov/page/coronavirus-covid-19-small-business-guidance-loan-resources>

18. **Unemployment Benefits** (understand how to apply, re-open a claim, change your address, etc.)
<https://www.twc.texas.gov/jobseekers/applying-unemployment-benefits>

19. **What to Do If You're Having Trouble Paying Bills**
<https://www.consumerreports.org/personal-finance/trouble-paying-bills-coronavirus-pandemic/>

20. **Complete List of Stores with Senior Hours during Coronavirus Pandemic**

21. **Food Banks, Meal Programs and Food/Grocery Delivery**
 - National Foodbanks and Meal Programs <https://www.feedingamerica.org/find-your-local-foodbank>
 - **Groceries delivered in your area** www.instacart.com and www.grocery.walmart.com
 - **Restaurant delivery in your area** www.grubhub.com and www.ubereats.com

22. **Pharmacy Delivery**
 - CVS Free Delivery <https://www.cvs.com/content/delivery/shop-online?icid=rxdelivery-tab-cvsdelivery>

 - Walgreens in partnership with Postmates
https://www.walgreens.com/topic/promotion/postmates.jsp?ban=dl_dlhp_03292020_Hero_Postmates

23. **USDA Food and Nutrition Services** <https://www.fns.usda.gov/disaster/pandemic/covid-19>

24. **American Red Cross Safety Tips**
<https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/coronavirus-safety.html>

25. **Salvation Army COVID-19 Response/Get Help** <https://www.salvationarmyusa.org/usn/covid19/>

26. **US Department of Labor Occupational Safety and Health Administration** information for workers and employers about the evolving coronavirus outbreak (labor law violations, unfair employment practices and pay)
<https://www.osha.gov/SLTC/covid-19/>